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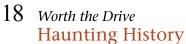
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ON THE COVER Colorful leaves frame the Cotter railroad bridge. Photo by Wesley Nesbitt of Tramp Photography & Images



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Now We're (Co-op) Cookin'

BY JENNIFER CHRISTMAN CIA

Since February of 2023, the multimedia team at Arkansas Valley Electric in Ozark has been stirring up a tasty online sensation, "The Co-op Cookin' Show."

Hosts and self-proclaimed amateur chefs Barbara Jenkins and Emily Reames regularly whip up recipes on the co-op's YouTube Channel, youtube. com/@MvEnergvAVECC, using the most modern technology methods to celebrate and preserve timehonored rural cooking traditions.

Both professional and personal reasons inspired Barbara, a new mom, and Emily, a newlywed, to start the show. In addition to trying to reach and engage cooperative members, Barbara says, "We both want to be homemakers, and we want to experiment in the kitchen in our own lives."

Several shows feature vintage Arkansas Living recipes. Others might showcase fellow co-op employees and their cherished family recipes.

The sharing doesn't stop there, Emily says: "We go around and share the food that we made that day, and it's been a nice bonding experience with our co-workers."

As for what's cooking on "The Co-op Cookin' Show" this fall, expect fried fair food and smoker recipes, including meats as well as — drool! — smoked apple pie.

Speaking of pie, when I asked Barbara and Emily for the best recipe they've prepared, both agree it's these Pecan Delights, courtesy of Mrs. J. O. Bickham of Tillar, from the August 1971 issue of the magazine.



Barbara Jenkins and Emily Reames host "The Co-op Cookin' Show."

PECAN DELIGHTS

Dough

1 stick butter, softened

1 (8-ounce) package cream cheese, softened

1 cup flour

Pinch of salt

1 tablespoon sugar

1 1/2 cups light brown sugar

2 tablespoons butter

2 eggs, slightly beaten

1 tablespoon vanilla extract

1 cup pecans, chopped

Heat oven to 350.

For dough: In a large bowl, beat butter and cream cheese with an electric mixer until fluffy. Add flour, salt and sugar; mix well. Divide dough into 12 equal parts, placing each part in a muffin tin and pressing into

For filling: Over medium-low heat, cook brown sugar and butter in a saucepan, stirring until melted. Add eggs, vanilla extract and pecans. Mix well and pour into unbaked

Bake for 15 minutes. Reduce heat to 250, and bake for another 15 minutes.

Additional fall recipes begin on page 32, including a heaping helping of cooperative colleagues' recipes for National Co-op Month.

Bon appetit!

Jennifer Christman Cia jennifer.cia@aeci.com

Arkansas Living

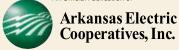
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Timberbeasts

BY VERNON "BUDDY" HASTEN

President and CEO of Arkansas Electric Cooperatives, Inc., and Arkansas Electric Cooperative Corporation



imberbeast" is a slang term for a logger or lumberjack. Once the term had a negative connotation, but today, the term is used more as respect for the hard work those in the logging and forestry industry do every day. Virginia Tech

even hosts an annual Timberbeast Competition in timber

My dad was a Timberbeast. He loved to cut wood. Lots of wood. My first experience in working with a Timberbeast came in the summer right after third grade. My stepdad, Bob, and my mom had just married, and their honeymoon was in Hannibal, Missouri, about 60 miles from home. A veritable romantic Mark Twain experience, or so I am told.

My brother, Craig, and I were excited to see them when they returned home because as part of the deal, we moved from the city to the farm, and this was new and exciting for us. However, about five minutes after they returned home, Bob yelled out, "boys, get your work clothes on." I need to preface this with the fact that before this moment, we had lived in the city and just hung out with friends and rode our bikes. We had no idea what work clothes were.

I remember us asking Bob what are work clothes. He said that jeans and a T-shirt would do. We then headed into the woods in a three-quarter ton Dodge truck complete with chain saw, gas cans and an Igloo thermos full of water. We were told that our job was to haul brush and to load the cut wood into the back of the truck. It was hot. There were bugs. After about an hour, we decided that this was not as fun as we thought it would be.

After a brief discussion, Craig and I decided to call it a day and pass the time in the cab of the truck, listening to the radio and slurping down water. It was a decision that became our first lesson in accountability and discipline. We quickly learned that Bob made no distinction between biological kids and step kids. The next several hours of hauling brush and loading wood were done through teary eyes and under protest. We were in those woods until dark.

It was then that we knew our lives had changed forever.

A few years later, my dad and Grandpa John bought some old sawmill parts at a farm auction and built a sawmill at the house. It was powered by our John Deere 60 tractor with a belt connecting the tractor flywheel to a larger flywheel on the sawmill that drove a 4-foot saw blade. I am quite sure it was not Occupational Safety and Health Administration (OSHA) compliant. For example, if the belt would start slipping, my dad would holler at me to get the belt dressing — imagine a giant, sticky black crayon held on the underside of the belt while it was running to apply sticky substance that gave it more grip. However, my main job was to handle the rough-cut slabs and lumber, as he ran the logs through.



With forestland covering 56% of the state, timber is an important industry to Arkansas. Cutting timber was how President/CEO Vernon "Buddy" Hasten first learned about accountability and discipline from his Timberbeast dad.

Once, I had basketball practice, and my mom volunteered to take my place at the sawmill, which proved disastrous. While she was lifting an uneven slab off the mill, it bowed into the blade and before she could let go, it pulled her into the blade. I went to see her in the hospital and learned that she had a giant bruise on her back where the sawblade bolt had made contact and a serious cut on her left arm. And her wedding ring had been cut off when her left hand contacted the sawblade. I can tell you that I truly know what guilt feels like, sitting in my mom's hospital room thinking that I should have been there and not at basketball practice.

TIMBERBEASTS continued on page 6

AECC to add 900 MW of generation

Arkansas Electric Cooperative Corporation (AECC) will build a 900-megawatt (MW) natural gas-based generation facility in Morris County, Texas, near Naples. Construction of the plant is scheduled to begin in summer 2026, with commercial operation beginning by 2029.

The plant is part of AECC's plan to address wholesale generation needs. This new state-of-the-art asset will be among the highest-performing, lowest-emitting and most efficient natural gas plants in AECC's fleet.

According to AECC President/CEO Vernon "Buddy" Hasten, the natural gas resource will provide 24/7/365 readily dispatchable energy for AECC's 17 distribution cooperatives and, ultimately, the 600,000 electric cooperative members in Arkansas and parts of Texas, Oklahoma, Missouri and Louisiana.



A rendering depicts AECC's future natural gas plant in Morris County, Texas, which will begin construction in 2026.

"The facility in Morris County, Texas, is crucial to maintaining reliable energy resources," Hasten said. "AECC continues to review proven, readily dispatchable power generation technologies to provide our members with reliable, affordable electricity."

Hasten said AECC evaluated potential site locations in Arkansas prior to selecting the Texas location. He cited the Morris County site's proximity to natural gas pipelines and transmission as the primary factors in the location selection.

Cooperatives receive community development award

The Electric Cooperatives of Arkansas were honored with the Friend of the Community Development Award, offered each year to an individual or organization that demonstrates strong support for community development and the Community Development Institute (CDI) at the University of Central Arkansas (UCA). The organization has been a critical partner in community and economic development work across the state.

CDI Director Shelby Fiegel said, "The Electric Cooperatives of Arkansas has served as a longstanding partner of CDI and our team at UCA."

RIGHT The Electric Cooperatives of Arkansas' JD Lowery and Vernon "Buddy" Hasten accept the Friend of the Community Development Award from CDI Director Shelby Fiegel.



TIMBERBEASTS continued from page 5

Our home was 100% heated with wood. We also supplied firewood to those in need at our church. My dad traded rough-cut lumber to other farmers, and he took vacation days from work just to cut wood. Forty years later, I run my own chain saw. After a couple of hours cutting wood with my office-worker physique, I realize what a Timberbeast my dad was — running a saw all day with his only breaks being to get a drink of water, refill the gas tank on his Homelite 550 and to sharpen the chain on his chain saw while he smoked a Pall Mall.

According to the U.S. Forest Service, Arkansas ranks No. 3 in the nation for economic impact of forestry in the United States and ranks No. 1 in the southern states. Arkansas has 19 million acres of forestland covering 56% of the state — my dad would have loved it. Forestry contributes 4.1% to our state's economy, and in total, contributes over \$6 billion to the state. Arkansas is No. 2 in the South for total seedlings grown and No. 1 for the

number of hardwood seedlings grown.

With all the national attention on carbon dioxide, I think it is fair to say that Arkansas is doing its part through forestry to remove carbon from the atmosphere. More importantly, timber, paper products and related industries provide jobs for 26,778 skilled workers. I am proud to say that the electric cooperatives support this important industry. Fifteen of our 17 distribution cooperatives provide electricity to timber and paper product manufacturing companies and companies that service those industries, such as Domtar, Georgia Pacific, Weyerhaeuser and Greenbay Packaging.

I thought it only fitting this month to recognize those who support this vital industry and to truly pay homage to the amazing Timberbeasts in our great state. And to thank them for all they do to support our economy, while also doing a phenomenal job at managing the forests and keeping the industry sustainable.

AECI crews assist Florida Cooperative

In August, 76 highly trained right-of-way (ROW) and construction lineworkers from Arkansas Electric Cooperatives, Inc. (AECI) were dispatched with equipment to Florida to prepare for and assist with outages and clearing operations after Hurricane Debby.

AECI helped Tri-County Electric Cooperative of Madison, Florida, which experienced 19,600 of its 20,099 meters without service. Eight of the cooperative's substations were impacted by transmission line damage.





AECI crews help Tri-County Electric Cooperative of Madison, Florida, after Hurricane Debby's destruction.

Where Is It?

Welcome back to our hidden object game, "Where Is It?"

In the September issue, we hid a fried egg for Better Breakfast Month/National Chicken Month.

Joked one correct reader who found it in a Smart Energy Tips column photo: "Egg-cellent place to hide the fried egg on the ENERGY STAR® label on page 20!"

In a random drawing of correct answers, five winners were selected to receive Arkansas Living insulated cooler bags:

Paul Riegle, Mountain Home (North Arkansas Electric Cooperative)

Judy Carter, Subiaco (Arkansas Valley Electric Cooperative)

Kimberly Carlton, Clinton (Petit Jean Electric Cooperative)

Carl Pullum, Rogers (Carroll Electric Cooperative)

Patricia Ford, Marked Tree (Craighead Electric Cooperative)

For Halloween, we've hidden this black cat in a most "purrfect" spot. For a chance to win an Arkansas Living mug, enter by Oct. 15 via the "Where Is It?" link

on the homepage of arkansaslivingmagazine.com, or go directly to arkansaslivingmagazine.com/where-is-it-contest/.

Or mail in entries to:

Where Is It Arkansas Living P.O. Box 510 Little Rock, AR 72203.

Include your name, address and electric co-op (nonmembers also are eligible), plus the correct page

* If your magazine arrives after the deadline, submit your entry by the 15th of the following month. We'll send a prize to a randomly selected latecomer! August's winner was: Regina Lorren, Dell (nonmember).

TRIVIA

- Candy corn was originally called chicken feed. According to the National Confectioners Association, 51% of people eat a whole piece of candy corn at once, while 31% start at the narrow end and 18% start at the wide end.
- The world's smallest Walmart is located on the campus of the University of Arkansas at Fayetteville and is only 3,300 square feet.
- When roosters crow, their outer ear canals close, giving them built-in earplugs, so they don't go deaf while crowing.
- The USB was originally designed to be plugged in either way up, but the flippable plan was scrapped due to cost.
- Research suggests that for some people, seeing striped patterns can trigger brain activity causing migraines and, in extreme cases, seizures.
- The word, "serendipity" has no translation into any other language.
 - At 16.47 seconds, Stephen Clarke holds the Guinness World Record for fastest time to carve a pumpkin, complete with eyes, a nose, a

mouth and ears.

- "As long as autumn lasts, I shall not have hands, canvas and colors enough to paint the beautiful things I see."
 - Vincent Van Gogh, artist

Autumn in Arkansas

40 fabulous things to do this fall

BY WERNER TRIESCHMANN

Tall in Arkansas is the best.

Sorry, there's no argument. Forget you and your allergy-inducing pollen, spring! See ya later, sweaty summer! Wander around outside in winter? Nope!

Fall reigns supreme, and who wants to regret another season coming and going without taking full advantage? Luckily, autumn in our lovely state has it goin' on. Festivals, fairs, football and, uh, goats. That's just the tip of this fabulous fall 40, a must-do-and-see-and-taste list for the Arkansan who wants to seize the season in the most serious way.

1. Find some football With high school and college teams playing around the state practically every

weekend in the fall, seeing a live game — cheerleaders! marching bands! tackles! referees with sight problems! — is oh, so easy. Recommendation: Nov. 16 in Arkadelphia, Ouachita Baptist University Tigers vs. Henderson State Reddies — it's the 97th Battle of the Ravine. (hsu.edu/calendar/event/11252/)

2. Fall leaf peeping Take a drive to take in all the fall colors. Suggestion: Travel the Pig Trail Scenic Byway/ Arkansas 23 from approximately Alma to Fayetteville. As long as Mother Nature cooperates, you can oohhh and ahhhh your way up through the Boston Mountains. (arkansas.com/ozark/outdoor-recreation/pig-trail-scenic-byway)



"Leaf" home and set out for a vibrant autumn drive.

3. Fall into a pile of raked leaves Recipe: Find dead leaves. Rake dead leaves into a big pile. Run and jump into pile. Giggle. Repeat.

4. Go underground Blanchard Springs Caverns, Fifty-Six. There is never a bad time of year to walk through the wonder that is Blanchard Springs Caverns. The fact that Blanchard Springs sits in the Ozark National Forest and has ample campgrounds for weekend stays makes this truly a fall essential. (**blanchardsprings.org**)



Fall calls for a cozy cabin stay at an Arkansas state park like

- **5. Drive in to a drive-in** Time hasn't shuttered all the drive-ins in Arkansas. Stone Drive-In in Mountain View and the Kenda Drive-In in Marshall are open and show current films. (stonedrivein.net and kendadrivein.com)
- **6. Get Downtown Festival** Paragould, Oct. 4-5. Festival gets underway the night of Oct. 4 with a downtown after-hours block party. (**getdowntownfestival.com**)
- **7. Master Mount Nebo** Mount Nebo State Park, Dardanelle. To get a spectacular view, try a stay at one of the 12 state park cabins located along the bluff sitting at the top of the 1,350-foot Mount Nebo. If you are tempted to stretch out your arms and scream, "I'm the king (or queen) of the world," nobody would blame you. (arkansasstateparks. com/parks/mount-nebo-state-park)

- **8. Jackson Farm 2024 Fall Festival** Jackson Farm, Black Rock. Fall at the Jackson Farm is a packed-to-the-gills opportunity for a variety of activities and fun. The Fall Festival, which runs weekends from September to early November, begins with a cornhole tournament followed by a butterfly release event, hot air balloon rides, a truly intricate, challenging corn maze (opening in October), etc., etc. Setting aside the Fall Festival, Jackson Farm, which requires a ticket for admission, is a veritable Disney World with ziplines, slides, hayrides, a giant corn pit, petting zoo and more. (visitjacksonfarm.com)
- **9. Float the Buffalo** When the water level is right, very little can beat a float down the Buffalo National River. Do you want to float the Upper, Middle or Lower Buffalo? How about all three sections? (nps.gov/buff)
- **10. Ropin' some rodeo** It's not easy to sling a rope around a racing steer or guide a horse around a cloverleaf of barrels. Luckily, it is quite easy to find a live rodeo in Arkansas in the fall. The Arkansas Rodeo Association holds a Finals Rodeo Oct. 3-5 in El Paso. (**ararodeo.com**)
- **11. See boyhood home of Johnny Cash** Northeast Arkansas is where to find the restored childhood home of the state's legendary singersongwriter, the Man in Black, Johnny Cash. A ticketed tour includes the Dyess Colony Visitors Center with exhibits and a guided walk through the re



Enjoy a fall float on the Buffalo River.

- Dyess Colony Visitors Center with exhibits and a guided walk through the restored home of Cash. (**dyesscash.astate.edu**)
- **12. Gimme a s'more** Recipe: Build a campfire. Skewer marshmallows on sharp stick. Burn marshmallows (sorry, no lightly toasted marshmallows here). Add graham cracker and chocolate bar. Eat. Repeat.
- **13. Gawk at houses along Spring Street in Eureka Springs** Winding road. Gorgeous, historic Victorian-style houses almost at every turn. Gawking is free. (**visiteurekasprings.com**)
- **14. Frontier Day Festival** Paris, Oct. 5. The festival where "yesterday meets today" kicks off with a parade in downtown Paris, which sits at the foot of Mount Magazine. Expect food, games and a car show. (parisarkansas.com)
- **15. Get your fair share of fair food** Set aside diet restrictions and residual guilt. Have an outrageously large corn dog. Finish off a fresh stack of funnel cakes. A fall county fair near you will oblige. (**cofairs.com/state/arkansas**)
- **16. Arkansas Goat Festival** Perryville, Oct. 5. Feel a need to party down with a bunch of goats and lovers of goats? Count us in. Dave Lowe, festival coordinator, explains: "We'll have a goat costume contest, goat parade and goat lingerie show. We'll also have live music throughout the day. We have over 140 retail vendors set, as well as 23 food

trucks. We're expecting about 75 goats to grace us with their presence this year." (arkansasgoatfestival.com)

- **17. Ozark Trail Festival** Heber Springs, Oct. 4-5. Dog show, car show, food trucks, vendors, cornhole and more. (facebook.com/OzarkTrailFestival)
- **18. Pick a pumpkin** There are a number of family farms around the state where you can walk out into a pumpkin patch to retrieve your very own pumpkin. Clarksville's Cox Berry Farm & Nursery is open in October for pumpkin business: "We have mini-pumpkins and mini-gourds, and medium, large and x-large pumpkins. Weigh it on the scale at our shed to determine the price (priced by the pound)." (coxberryfarm.com)



"Gourd" vibrations: Pick out some pumpkins.

NE HARMON



See the whole Natural State become a scenic drive in fall.

19. Barbecue tourism Adored, award-winning Jones Bar-B-Q Diner in Marianna is an essential first stop for 'cue tourists who want to track down the best in the state. Pork barbecue sandwich, please. (facebook.com/JonesBarBQDiner)

20. Hike the High Bank Twin Falls

Near the town of Ozark in the Ozark National Forest. See one of the state's few twin waterfalls in this moderately challenging 0.4 mile hike/walk on a family-friendly trail. (arkansas.com/wittssprings/natural-attractions/twin-falls)

21. Cliff jumping (carefully!) Dam Site Recreation Area, Heber Springs. OK, so jumping into Greers Ferry Lake in

November could be a dicey and cold proposition. Early October, however, could be a pleasant cold plunge. (arkansas.com/heber-springs/outdoor-recreation/camp-enjoy-greers-ferry-lake-dam-site)

- **22. Ride a horse** An hour-long walk through the fall woods is made that much better sitting on top of a horse. Sunshine Acres Ranch in Romance offers trail rides with "gorgeous views, including wooded creek crossings, mountains, and wildlife sightings." (sunshineacresranch.com)
- **23. High Cotton on the Bayou Festival** Scott, Oct. 5. Tour authentic plantation buildings at the Scott Settlement. Watch demonstrations of old-time skills such as cooking sorghum, blacksmithing and butter making. Increase personal happiness that you can simply buy butter at Kroger. (**scottsettlement.com**)
- **24. Manchester Pumpkin Day** Arkadelphia, Oct. 5. It's pumpkins galore for an Arkadelphia mainstay that also features games, hayrides, music and shopping. (facebook.com/Manchesterpumpkinday)
- **25. Pickle up pickleball** It's all the rage. It's tennis, sort of. When it's a nice fall day, it's a good time to see what all the fuss is about. (arkansaslivingmagazine.com/story/relishing-pickleball)
- **26. Bring on the Blues** Helena-West Helena, Oct. 9-12. Easily one of the most recognizable and beloved annual events in all of Arkansas, the King Biscuit Blues Festival cranks up for thousands of blues lovers one more time. For 2024, music will be generated from six different stages. (kingbiscuitfestival.com)
- **27. Bryant Fall Fest** Bishop Park, Bryant, Oct. 12. This year, Bryant's Fall Fest adds a Salute to Heroes in military services and law enforcement. (facebook.com/BryantFallFest)



"Tree-t" yourself to a fall hike.

- **28. Arkansas Rice Festival** Weiner, Oct. 12. The long-running Rice Festival "celebrates the rich heritage of rice farming in Arkansas and celebrating harvest." The schedule includes the Miss Arkansas Rice Festival Pageant, music acts, a rice cook-off, a street dance and a fireworks show. (**arkansasricefestival.com**)
- **29. Say a prayer in Thorncrown Chapel** E. Faye Jones' wood and glass wonder sits in the woods off U.S. 62 West just outside of Eureka Springs. Built in 1980, the Thorncrown Chapel won the 1981 Architects' Design of the Year Award. There isn't a more peaceful or magnificent place in Arkansas. (thorncrown.com)

- **30. DJA Fall Fest** Jonesboro, Oct. 12. Celebration of downtown Jonesboro with local merchants and activities for kids. (downtownjonesboro.com)
- **31. War Eagle Fair** Hindsville, Oct. 17-20. Ready to get your shopping on? Over 250 artists and crafters of mind-bending variety sell their wares along the banks of War Eagle Creek. (wareaglefair.com)
- **32. Fallin' Blackbird Festival** Beebe, Oct. 19. In January 2011, thousands of dead blackbirds were found in Beebe. Residents woke up to find dead birds on home roofs, cars and lawns. Naturally, Beebe is holding a festival in honor of the strange occasion. Expect general festival doings along with a 5K. (beebechamberofcommerce.com)
- **33. Eeek! It's an elk!** Ponca Nature Center, Ponca. Yes, if you try, you might be able to spot an elk in the wild in Arkansas. A species of the deer family, elks were reintroduced to the Buffalo National River Area in the 1980s. The Ponca Nature Center offers exhibits about the elk recovery efforts, biology and history. (arkansas.com/ponca/ponca-nature-center)
- **34. Corning Harvest Festival** Wynn Park, Corning, Oct. 26. Organizers call this "a celebration of another year's harvest and showcase of those in the past." (**facebook.com/corningharvestfestival**)
- **35. Be birding** Grab a pair of binoculars, and head out to spy on as many species of our feathered friends as possible. Try the Holla Bend National Wildlife Refuge, which in the fall, can be home to geese, ducks and, on occasion, golden eagles, sandhill cranes and breathtaking trumpeter swans. (**fws.gov/refuge/holla-bend**)



See the elk and their ilk in Boxley Valley.

36. Eureka Springs Zombie Crawl Eureka Springs, Oct. 26. The family-fun event is for the walking dead

of all ages. The Zombie Crawl parade starts at 6 p.m.,
but before that, there's spooky music, training to do the
"Thriller" dance and something called The Macabre Market.
(eurekaspringszombiecrawl.com)

- **37. Ozark Moonshine & Music Festival** Van Buren County Fairgrounds, Clinton. Nov. 1-2. Organizers promise "moonshine culture from distillery tastings to bluegrass music." Country music makers Lonestar and bluegrass ensemble The Gravel Yard Band are headliners. (ozarkmoonshinefest.org)
- **38. Skip some stones** Ahem, the authority known as Wikipedia says stone skipping is "the art of throwing a flat stone across water in such a way (usually sidearm) that it bounces off the surface." So, find a lake or creek and get to skipping. If you have trouble, just chunk in the rocks. Nobody is keeping score.
- **39. See the stars in the sky** Harrison. Buffalo River National Park is a fine place to watch stars twinkle and shine. (nps.gov/buff)
- **40. Sit and swing** Recipe: Locate an outdoor swing. Put yourself in it. Start swinging. Smile. Repeat.



Fall is a fine time to enjoy Arkansas' waterfalls.



Family fun learning: Celebrate the fall season with science.

Written by Kelli Hilburn, Better Beginnings Program Administrator

Celebrate the season

Better Beginnings quality early care and education providers use positive experiences, researchbased curriculum and learning through play to teach your child about science.

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Better Beginnings is administered by the Arkansas Department of Education.





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Scan the code or click the Parents and Families tab on our homepage to locate the Family Resource Library.



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with oil and water, make a rainbow or a rainstorm in a jar and learn how seeds germinate. Family fun makes the learning memorable.

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- Lennette Robinson

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Andrea Murray and Bethany Brantley named Arkansas Rural Teachers of the Year

BY JENNIFER CHRISTMAN CIA PHOTOS BY CHANCE ALLMON

TA/e'll start this education story with a lesson in geography.

VV The city of Corning is located in Clay County, up in the northeast corner of the state. Further south and far to the west sits the city of Wickes, located in southern Polk County.

While separated by some 300 miles, the cities have a commonality. Both can boast of having the 2024 Arkansas Rural Teachers of the Year, as awarded by the Arkansas Rural Education Association.

Andrea Murray, an English language arts teacher at Corning Middle School, and Bethany Brantley, a gifted and talented teacher for the Cossatot River School District in Wickes, were recognized as the 2024 winners. Nominations were vetted by the state's 15 educational cooperatives, which submitted finalists to the association for consideration; a panel selected two winners — one each from the northern and southern parts of the state.

The Electric Cooperatives of Arkansas have sponsored the awards since 2004. In addition to crystal apple awards, Murray and Brantley received checks for \$1,000, as well as classroom visits by Arkansas Living early in the school season.

Andrea Murray

Corning Middle School



Corning Middle School English teacher Andrea Murray not only encourages reading, she has written six books.

Many students grumble about having to go to school.

But Andrea Murray, a lifelong resident of Delaplaine and a Clay County Electric Cooperative member, never did. After all, school was her safe place growing up.

"Delaplaine School was my haven because my homelife was oftentimes abusive," she wrote in her Arkansas Rural Teacher of the Year award application, adding, "My school was a place where teachers loved me and appreciated me."

For Murray, who graduated as her high school's valedictorian, school not only provided her refuge, it inspired her purpose.

"The attention I got at school was always so positive," says Murray, seated in front of large bookcases brimming with titles in the back of her classroom during an afternoon study hall. "I had people who made me believe that I could do things, and I want to do that for somebody else. I wanted to try to give back to other people what I had been gifted from those teachers."

Murray earned bachelor's and master's degrees in English from Arkansas State University. An educator of 28 years and a former Odyssey of the Mind coach for 10 years, Murray has taught nearly every age in several school districts, including what she calls "my tiny, beloved" Delaplaine before it closed.

After 17 years at Pocahontas Junior High — the school her daughter, Olivia, recently graduated from — Murray moved this year to Corning Middle School, home of the Bobcats. The school already feels like home, and not just because her husband, Chris Murray, also is a teacher and coach there and her son, Wyatt, attends as a student.

"The smaller schools, you just have more connections," says Murray, who currently teaches seventh and eighth graders. "You know everyone. You know their parents, their siblings; you've had them all in class, and it's just more personable. ... And I like that closeness."

This warmth is evident with her animated fifth-hour class of seventh graders. She incorporates TikTok slang ("POV" for

Point of View) into a reading lesson. She stops to enlighten and encourage those struggling with worksheet instruction. Hands fly up as she leads students through exercises in identifying common and proper nouns in sentences.

She effortlessly displays the equilibrium she writes about in her award application: "Teachers must find a balance between fun and fierce. They can't be too harsh."

This balance of entertainment and expectations is displayed in humorous signs around Murray's classroom, like, "Dude, if Shakespeare can write 37 plays, you can write one paper, bro."

Murray practices what she preaches, having written six young adult paranormal novels herself. An avid reader and audiobook listener, she wants to encourage a similar passion in her students.

She says, "If you can show them that there's stuff out there that they enjoy reading, then they can become lifelong readers. That's the goal."

Bethany Brantley

Cossatot River School District



Gifted and talented teacher Bethany Brantley works at all four Cossatot River School District campuses.

Bethany Brantley, Cossatot River School District's gifted and talented (GT) teacher, was born to be an educator.

Just ask Anita Barfield, a fifth grade teacher at Cossatot River Elementary School, Brantley's proud colleague — and mom.

Brantley says, "My mother is a teacher; my grandmother is a teacher; my aunts are teachers. Education was very and is still very important in our family. I wanted to be able to make an impact like they have for people within our community, and education is a way to do that."

On this Tuesday afternoon, Brantley is teaching at the elementary school, decked out from floor to ceiling with colorful flowers for this year's "growth mindset" gardening theme. But as the district's sole GT teacher, Brantley spreads her work week between the district's other three schools: Cossatot River High School, Cossatot River Primary School and Umpire Schools. Between four campuses, she works with about 95 students, ranging from kindergarten through 12th grade.

An educator of 20 years, the Gillham native and Southwest Arkansas Electric Cooperative member earned a bachelor's degree in early childhood education from Southern Arkansas University, an English as a second language licensure from the University of Arkansas and a GT licensure from the University of Central Arkansas. She previously taught in Eagletown, Oklahoma, and at Cossatot Community College, where she also earned an associate of art's degree.

This afternoon, Brantley's fifth and sixth grade students are engaged in designing and assembling "junkbots," or robots made out of objects like

empty plastic water bottles, pipe cleaners and toilet paper rolls, as well as battery-operated motors, glue and googly eyes. It's a lesson in teamwork, engineering and art, as well as budgeting, as students have a \$100 imaginary allotment to "purchase" for their creations.

As students encounter obstacles ("The motor stopped working!"), Brantley poses questions ("What would make a motor stop working?") to steer them on the right track.

"The biggest transition or challenge in taking on GT is transferring from being teacher to the facilitator," she says. "Sitting back and letting students problem-solve on their own, learn on their own with my guidance, yes, but instead of directing their learning, I'm facilitating their learning."

Speaking of learning, does Brantley expect that her children with husband, Legér — daughter, Jaylie, a current Cossatot Eagle in 10th grade, and son, Cole, who graduated in 2022 — to continue the family's teaching legacy?

"I don't think so," Brantley says with a laugh. "Unfortunately, I think I might have burned them out quite a bit being up here during the summer helping me in the classroom!"





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Haunting History Arkansas ghost towns are glimpses of days gone by

STORY BY JACK SCHNEDLER PHOTOS BY MARCIA SCHNEDLER

The ghost towns of Arkansas are haunted by history. f I Their silent streets and ramshackle ruins give a shadowy sense of past prosperity that sustained families and businesses. Then fortune faded, eventually leaving a scant population or none at all.

With Halloween on the horizon, ghosts are lurking as a seasonal motif. They linger all year long in Rush, Snowball, Arkansas Post, Cadron Settlement, Rohwer, Monte Ne, Calico Rock and other desolate dots on The Natural State map. Their aura of mystery is one allure for visitors.

A ghost town "was once an active community but has since been abandoned by all or nearly all of its residents," as defined by britannica.com. Listed reasons include "economic or resource issues, natural disasters, extreme climates, war and other armed conflicts, the building of dams, pollution and nuclear disasters."

Forgotten towns

In the case of Rush (arkansas.com/articles/ghosttown-rush), now a popular Buffalo National River attraction, abandonment stemmed from economics: the collapse of the zinc-mining boom after World War I.

When Rush was incorporated as a city in 1916, the population stood near 5,000. According to the Encyclopedia of Arkansas, the bustling town then "was recognized as the



As indicated by a general store's neon sign, some places in Snowball remain open.



A visitor observes abandoned homes in Rush.

most prosperous city per capita in the state."

By 1920, "the demand and price for zinc rapidly declined, and the population of Rush began to erode."

Nobody lives anymore in Rush, where scattered ruins of homes, businesses and mining facilities on the Buffalo National River's north bank evoke a ghost-town movie set.

Marion County Road 6035 leads northeast from

Arkansas 14 to Rush Landing, site of a general store, post office and houses from the early 1900s. A walking trail loops for two-tenths of a mile past remnants of the Morning Star mining community, including a barn, hotel, blacksmith shop, smelter, office and company store. A strenuous 4-mile trail passes more mines. Their entrances are closed for safety reasons.

The ghost town of **Snowball**, south of the Buffalo National River in Searcy County, has shrunk to a few residents from a peak population of about 500 before World War II. Its post office closed in 1966.

Snowball (tinyurl.com/SnowballArkansas) still has an active Masonic lodge building, as well as a ramshackle general store that sells T-shirts touting its ghost-town status. The ruins of a former high school cast a spectral air on the edge of town.

Arkansas Post, the state's oldest ghost town, was founded as a military headquarters by the French in the 18th century and finally abandoned after the Civil War. Visitors to Arkansas Post National Memorial (**nps.gov/arpo/index.htm**) can walk a level path past signs pointing out former structures.

When Arkansas became a U.S. territory in 1819, the site was its first capital. Two years later, the capital moved to Little Rock. The settlement shrank in following decades. Then a Civil War attack by Union gunboats in 1863 destroyed the riverfront Confederate fort along with the town's remaining buildings. The memorial's visitor center describes the former community.

Lost in time

Perched on a river bluff 5 miles west of Conway, the

replica of a two-story blockhouse built by settler John McElmurry in 1818 marks the abandoned site of Cadron Settlement (tinyurl. com/CadronArkansas). In 1820, Cadron was briefly designated to be both Arkansas' territorial capital and the seat of Pulaski County. But the territorial legislature soon changed its mind in favor of Little Rock.

The ghostly ambiance of **Rohwer** (**rohwer**. **astate.edu**), in rural Desha County, reflects its role as a World War II internment camp for Japanese

Americans. The Rohwer Relocation Center housed 8,300 detainees before closing in 1945 as the war's end neared.

Visitors to the Rohwer site are likely to have the memorial to themselves — a solitude that enhances the dolor of the setting. A replica guard tower at the entrance makes the point that this was a place of involuntary confinement.

Two monuments bear the names of 31 Rohwer internees who enlisted in the U.S. Army and were killed in action in Italy and France. Also visible are 24 headstones marking the burials of civilians. A plaque honors George Takei, interned at Rohwer as a boy and later famous for his "Star Trek" role.



Cadron Settlement, marked by a replica blockhouse, was once intended to be Arkansas' territorial capital and Pulaski County's seat.



A damaged door sign discourages trespassing in Calico Rock.

One Arkansas ghost town of note is almost entirely underwater. **Monte Ne** (tinyurl.com/MonteNeAR) was founded as a resort in 1900 by eccentric visionary William H. "Coin" Harvey.

The Benton County attraction included three hotels, a bank and a 5-mile connecting railroad. After interest in the resort declined, creditors foreclosed in 1927. Harvey, who died in 1936, is buried at Monte Ne in a concrete vault.

The building of Beaver Dam in the 1960s flooded the resort. A few remains are still visible, including Harvey's tomb and parts of two hotels.

Calico Rock (arkansas.com/calico-rock), perched on White River bluffs in Izard County, qualifies as half a ghost town. Today's population of about 1,000 lives in the upper part. Below and across a short bridge lies an abandoned neighborhood, including a former wagon yard known as

Peppersauce Alley because moonshine whiskey was sold there.

Visitors can stroll past 20-plus derelict structures from decades past. They include a pool hall, a theater, a cafe, a barber shop, a funeral parlor, a lumberyard, a cotton gin, a telephone exchange and an electric company.

Only a spark of imagination is needed to imagine the lurking ghosts of long-ago residents.

Tornado erases town

The most powerful recorded tornado in Arkansas history turned the Jackson County community of Sneed into a ghost town in a single day on April 10, 1929.

Having first touched down south of Batesville in late afternoon, the only Arkansas tornado to receive the top F5 rating moved east to flatten Sneed. At least 23 people were killed and 56 injured there and elsewhere in Jackson County.

Witnesses estimated the tornado's peak width at up to half a mile. No buildings in Sneed were left intact. The only evidence of the town today, according to the Encyclopedia of Arkansas (tinyurl.com/TornadoSneed), is a clearing where the church and school once stood.

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36	9.21	8.31	10.35	9.51	15	13	22	18	59	31.60	23.51	55.57	39.88	101	71	190	129
37	9.21	8.58	10.54	9.93	15	14	22	20	60	34.14	24.28	61.26	42.99	113	76	209	140
38	9.21	8.71	11.69	10.25	17	14	24	21	61	37.60	25.65	66.80	47.11	126	86	238	157
39	9.46	8.86	12.35	10.66	18	15	25	22	62	41.49	27.91	74.28	51.33	141	95	267	172
40	9.63	9.10	12.94	11.08	18	16	27	24	63	44.70	34.39	85.55	59.60	157	104	288	190
41	10.05	9.22	13.66	11.83	20	17	30	27	64	48.23	38.53	93.16	64.38	173	114	327	212
42	10.48	9.26	14.21	12.67	22	19	33	29	65	53.18	41.15	101.79	70.36	191	127	361	234
43	10.98	9.50	14.74	13.52	25	20	39	31	66	59.15	44.62	115.13	75.41	213	139	398	258
44	11.58	9.84	15.80	14.36	27	22	43	34	67	65.66	49.09	130.13	83.65	235	152	443	284
45	12.25	10.17	17.07	15.20	29	24	48	38	68	74.33	59.65	145.11	112.92	262	174	491	322
46	12.84	10.65	18.09	16.18	31	25	51	40	69	82.98	65.91	161.68	129.33	293	188	548	352
47	13.43	11.16	19.18	17.07	33	27	56	44	70	93.20	73.30	181.25	148.72	330	204	615	387
48	13.48	11.88	20.44	17.76	35	29	58	48	71	102.45	82.71	204.38	159.34	374	235	702	443
49	13.71	12.33	21.77	18.77	38	31	63	52	72	113.68	94.13	232.46	172.23	427	272	807	512
50	14.46	12.99	23.41	20.00	40	34	69	57	73	127.55	108.24	267.15	188.15	493	319	937	596
51	15.38	13.75	25.38	21.18	45	35	78	62	74	142.08	123.01	303.50	204.84	562	367	1074	685
52	16.37	14.87	28.02	22.76	50	38	88	67	75	159.25	140.48	346.45	224.56	644	424	1235	789
53	17.46	15.88	31.30	24.81	55	44	101	79	76	200.03	174.92	418.29	276.67	785	530	1489	982
54	18.69	16.72	34.39	26.21	61	47	114	85	77	249.54	216.74	505.52	339.94	956	658	1797	1215
55	20.70	17.51	37.60	27.86	67	50	127	92	78	310.70	268.40	613.27	418.11	1167	817	2179	1504
56	22.69	19.48	42.17	31.37	74	56	140	101	79	374.78	322.52	726.16	500.00	1389	983	2578	1807
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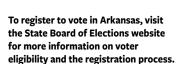
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ABSENTEE / MAIL-IN VOTING BALLOT DEADLINES:

+++++

Request must be received by

October 29, 2024

7 days before the election for mail and electronic requests; the Friday before the election for in-person requests.

* * * * *

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HOW CAN YOU

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See Y'all There at the Arkansas State Fair!

Delight in coliseum concerts, competitions and concessions

BY KAT ROBINSON PHOTOS COURTESY OF AGENCY GWL

Big rides, big shows and the big return for concerts at Barton Coliseum are all part of this year's Arkansas State Fair. The largest festival in The Natural State, sponsored by the Electric Cooperatives of Arkansas, runs from Oct. 11 to 20 at the State Fairgrounds in Little Rock.

State Fair General Manager Tiffany Wilkerson says she's most excited about concerts returning to Barton Coliseum, one of the largest indoor venues in the state.

"It's been over 20 years since we have had concerts in Barton during the fair," Wilkerson says. "Our fairgoers will get the full concert experience and get to enjoy the fair for one price."

From Oct. 11 to 13, Bank OZK is sponsoring the State Fair Concert Series in the coliseum, with such artists as '80s rockers Quiet Riot and Vixen, R&B acts Dru Hill and Ginuwine and up-and-coming country stars Ella Langley and Chase Rice.

Fun, fur and food

Dozens of free attractions will be located around the fairgrounds this year. The Hiland Dairy Foods Fun Zone has been relocated to right beside the Hall of Industry, with plenty of family-friendly acts. The All-American High Dive Show will showcase expert swimmers as they leap from incredible heights into a relatively small pool. Dynamic shows are in the works by the Tanzanite African Acrobats, and you'll be able to root for your favorite boar or sow as part of the Great American Pig Races. You'll also be able to catch

the winners of this year's State Fair
Youth Talent Competition on the
attractions stage throughout the
event.

There are plenty of other competitions going on, too.

The traditional arts and crafts competition winners and participants will be on display for all to see at the Arts and Crafts Building, where you'll also find several new cook-





ABOVE Livestock competitions are always lively.

LEFT Step right up! Fair games test skill as well as luck.

BELOW Thrill rides await fairgoers of all ages.



offs. "New this year is the Matthew's Ridgeview Farm Sweet Potato Competition, the Chili Cook-off and the Arkansas Pie Festival State Fair Pie Cook-Off," Wilkerson notes.

There will be livestock competitions galore, even before the midway opens. You'll find contests for best-in-breed chickens, goats, rabbits, cattle, swine and sheep throughout the fair, and even if you don't raise the animals yourself, you can still view these champions in their stalls and hutches. A petting zoo on-site also gives kids the chance to meet creatures of all sorts up close and personal.

The midway will be as exciting as always, with dozens of amusement rides to experience. And everywhere you go at the fair, there are things to eat — far beyond corn dogs and funnel cakes.



The Arkansas State Fair's fried fare is always worth fanfare.

"We have a new vendor, Sticks-N-Things, which has created a new variation of the chicken on a stick," Wilkerson shares. "They'll come in a variety of flavors, including Buffalo, teriyaki, garlic Parmesan, mango habanero and lemon pepper."

Other neat new fair foods that should draw interest are the Big Poppa Tot — a layered tater tot dish with mac-and-cheese, pulled pork and bacon — offered by Jonesboro's own H2Que BBQ, and a Bacon Cheeseburger Waffle you'll find at L & M Concessions.

While tickets can be purchased — \$12 for adults and \$4 for kids ages 6 to 12 and seniors ages 60 and up — you can get a real deal by taking advantage of Lunch at the Fair. Each weekday of the fair from 11 a.m. to 1 p.m., admission and parking are both free.

For more information about this year's Arkansas State Fair, visit ArkansasStateFair.com.



RETIREE SPOTLIGHT

Loyd Jones served First Electric's members from 1966 to 2006.

Loyd Jones started at First Electric Cooperative in 1966 among 100 other cooperative employees. He retired in 2006 as Jacksonville's construction supervisor. Today, First Electric serves our membership with 273 employees.

What inspired you to get into linework?

Jones stated that he got into linework by accident in 1966 when he heard the co-op had an opening after lineman Bobby Taylor had been drafted. He said, "I applied, was hired, and the rest is history. I have never regretted my decision."

What was a typical workday like in 1966 in comparison to 2006?

At the start of Jones' career, the construction crew operated with nine employees, a couple of pipe boom trucks and one hydraulic a-frame truck. The crew did not have any bucket trucks or digger trucks like we do today, so holes were dug by hand and poles were set using boom trucks.

What do you think about the reliability of power from 1966 to now?

Jones said, "Oh, it is several hundred times better now than it was then." He recalled how minor windstorms could cause a limb to fall on a line, creating most outages because the right-of-way wasn't maintained like it is today.

How were outages communicated to linemen after hours?

The members relied on the local telephone directory that listed the contact numbers for the office, managers, servicemen and the construction supervisor, Jones said. Everyone knew who worked for First Electric, so it was not unusual for a member to pull into your driveway to report a power outage.

Memories?

Jones said, "I tried to make each employee feel he was always necessary and would not ask them to do anything I wouldn't do. I believed that if you take care of your employees, they will take care of each other, creating the makings of a great company."





Then and Now: Loyd Jones worked at First Electric Cooperative from 1966 to 2006.



ABOVE As construction supervisor, Loyd Jones oversaw the setting up of many power poles.

LEFT In 1966, construction crews manually set transformers without the aid of additional equipment.

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Snapshots from our readers





Evely, Kevin the cat and Arthur the baby goat. Cobi Cogbill, Fayetteville.



Addie in pumpkin heaven! Emily May, taken at the pumpkin patch on Arkansas 412, west of Springdale.



Ellie and Josie are precious pumpkin pickers at Manchester Pumpkin Day in Arkadelphia. Shelley Tucker, Arkadelphia.



Baylor with his prize from the fair. Madison Casper, taken at the Four States Fair in Texarkana.



Blakely having a ball in fall! Margie Huckabay, Dover.



Lola is the cutest little "monster" for Halloween. Kelli Webb, Columbus.



Dawson is a scary scarecrow! Brenda Flanagan (Gigi), Pea Ridge.

Share your photos with your fellow Arkansas Living readers! Please submit high-resolution photos with detailed information about the pictures (who took it, where, who is in it, etc.) to: **arkansaslivingmagazine.com/submit-a-photo**.

Garlic Goodness

A flavorful investment for fall gardens

BY JANET B. CARSON

Garlic is a staple in the kitchen, and one of the oldest known herbs. It is also incredibly easy to grow in the home garden.

The best time to plant garlic in Arkansas is in the fall. Garlic plants thrive in our winters. They like cool weather and will overwinter unprotected most years. If temperatures are predicted to be crazy low (below 0), add a light layer of mulch around them.

Plant individual cloves by early November. The plants will start growing in the cool, moist fall weather

WIND THE PROPERTY OF THE PROPE

Plant individual cloves by early November.

and continue all winter. Harvest in late spring or early summer. Fertilize at planting and again in late March or early April, as the plants kick in with green growth.

Discontinue any fertilization when you see the bulbs beginning to form. Late fertilization can



Garlic is ready to pick when the outer leaves have browned and dried and about five green leaves remain.

result in more leaves at the expense of bulb formation. Garlic is ready to pick when the outer leaves have browned and dried and about five green leaves remain. Don't wait for all the leaves to die, or the garlic can get overripe, which can lead to poor storage.

There are over 600 varieties of garlic that vary in size, color and flavor. Some are mild, and some are hot.

Garlic is a species in the onion genus, Allium sativum.

GARLIC TYPES CHARACTERISTICS

Hardneck

Hardneck garlic produces a stiff flower stalk, and usually has larger cloves per bulb than Softneck garlic. Typically hotter in flavor than Softneck. The most cold-tolerant. Grows larger in northern climates. Later ripening.

Porcelain types are usually larger, while rocambole is spicier. Rocambole types are prized by chefs for best flavor.

VARIETIES

Porcelain

Georgian Crystal: Mild flavor, large bulbs with 4-6 huge cloves. German Extra Hardy: Longest-storing, medium-sized. Great Lakes: Medium heat. About 5-8 cloves per bulb, white skins with flecks of red.

Purple Stripe

Belarus: Mild and smooth flavor. Dark red cloves. Persian Star: Medium-sized, long-storing. Romanian Red: Hot and spicy. About 4-8 cloves per bulb.

Rocambole

German Red: Red-streaked, 8-9 cloves per bulb Italian Easy Peel: Milder flavor, 8-9 cloves per bulb that peel easily. Russian Red: High yielding with very large heads.

Softneck

Softneck garlic (often called artichoke garlic) is the most common and easiest type to grow in the South. It's like what you buy in the grocery store. It has a soft flower stalk. This is the type you find sold as garlic braids. It has smaller heads (bulbs) than Hardneck, but usually more cloves per head.

California White: Spicy, hot flavor. About 10-20 cloves per bulb.

Early Italian: Matures in 90 days. Can take summer heat. Inchelium Red: Lavender-skinned cloves with mild flavor.

Transylvanian: About 10-12 cloves per bulb. Creamy white.



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Game Day Greats

Football-friendly food for the win!

RECIPES AND PHOTOS BY JULIANA GOODWIN

French Onion Dip

Makes 8 servings.

- 2 tablespoons extra-virgin olive oil
- 3 1/3 cups red onion, thinly sliced

Water as needed

- 1 1/4 teaspoons thyme leaves
- 1 teaspoon sugar
- 2 cloves garlic, minced Salt to taste
- 1 (8-ounce) package cream cheese

1/4 teaspoon pepper

- teaspoon dry French onion soup mix
- cup Italian cheese, shredded
- 1/3 cup mayonnaise
- 3/4 cup Gruyere cheese, shreddedCrostini or French bread for serving



minutes. Add thyme leaves and sugar, and continue to cook until caramelized; reduce heat to medium if needed to avoid burning. Add garlic once onions are caramelized, and cook for 2 minutes; add salt to onions.

Add cream cheese to a shallow pie pan. Add caramelized onions, and stir together until smooth, incorporating pepper and French onion soup mix. Stir in Italian cheese and mayonnaise. Top with Gruyere cheese.

Bake dip for 15 to 19 minutes. Serve with crostini or French bread.

Heat oven to 400.

Heat olive oil over medium-high heat in a large nonstick pan; add onions, stirring frequently. (If they start to brown too quickly, add a splash of water to pan.) Cook for 25 to 30

Chicken Banh Mi Sandwiches

Makes 4-5 sandwiches.

Pickled vegetables

1/2 cup water

1 1/2 tablespoons sugar

- 1 teaspoon salt
- 1/2 cup rice vinegar
- 1 jalapeño, sliced
- 1 large carrot, cut into matchsticks
- 3 radishes, thinly sliced
- 1/2 small red onion, thinly sliced

Sauce

- 2/3 cup mayonnaise
- 2 tablespoons teriyaki sauce

Sandwiches

- 1 baguette
- 2 cups rotisserie chicken, sliced
- English cucumber, sliced
 Cilantro leaves, rinsed
 and patted dry

For pickled vegetables: Heat water; add sugar and salt, and cook until just disolved. Turn off heat, and stir in vinegar. Add jalapeño, carrot, radishes and onion to mixture, and allow to cool. Refrigerate for 2 hours before making sandwiches.



For sauce: In a small bowl, combine all sauce ingredients. For sandwiches: Slice baguette in 4 or 5 pieces, and cut in half. Slightly toast bread. Evenly slather on sauce; fill with chicken, cucumber, pickled vegetables and cilantro leaves. Serve immediately.



Easy Beanless White Chili

Make 6 servings.

- 4 tablespoons canola oil, divided
- 1 small yellow onion, diced
- 2 teaspoons ground cumin
- 1 tablespoon chili powder
- teaspoon smoked paprika
- 2 tablespoons flour
- 6 cups chicken stock
- 1 rotisserie chicken, shredded

- (15-ounce) can corn, drained
- 3/4 cup salsa
- 1 (4-ounce) can diced green chiles
- 1 (8-ounce) container sour cream

Tortilla chips, chopped cilantro and shredded cheese for serving (optional)

In a soup pot, heat 2 tablespoons canola oil over medium heat, and add onion. Cook for 5 minutes, and add cumin, chili powder and smoked paprika. Cook for 1 minute, and add remaining oil. When mixture is hot, add flour, and cook for 2 to 3 minutes, stirring constantly so it doesn't burn. Gradually stir in chicken stock. Add in chicken, corn, salsa and green chiles, and simmer for 15 minutes. Turn off heat, and allow to cool for 5 minutes before stirring in sour cream until smooth.

Serve garnished with tortilla chips, cilantro and shredded cheese if desired.



This month's web exclusive recipe:

Chocolate Banana Wontons with Peanut Butter Dipping Sauce

More recipes on our website: arkansaslivingmagazine.com

Juliana Goodwin is a food columnist, cookbook author and avid traveler. If you have a question, email **julianalovesfood23@gmail.com**.

Co-op Cookery

Cooperative community shares fall favorites for National Co-op Month

Apple Butter Pork Tenderloin

- 2 pork tenderloins (about 2-3 pounds total)
 - Seasoning salt to taste
- 2 cups apple juice

Sauce

- 1/2 cup apple butter (see recipe at right or use store-bought)
- 1/4 cup brown sugar
- 2 tablespoons water
- 1/4 teaspoon cinnamon
- 1/4 teaspoon ground cloves

Heat oven to 350. Season pork tenderloins with seasoning salt, and place in a 13x9 baking dish. Pour apple juice over pork, and cover dish with foil. Bake for about 25 minutes (pork will not be done just yet).

For sauce: In a small bowl, combine all sauce ingredients. Spread sauce on pork tenderloins, and return uncovered

to oven for at least 10 minutes or until pork reaches 145 degrees and sauce is

"set." You can also carefully broil for a few minutes to caramelize sauce.



JENNIFER CHRISTMAN CIA

Apple Butter

- 5 1/2 pounds apples, peeled, cored and finely chopped
- 2 teaspoons cinnamon
- 1/4 teaspoon ground cloves
- 4 cups sugar
- 1/4 teaspoon salt

Place apples in a slow cooker. Combine cinnamon, cloves, sugar and salt; pour on apples, and mix well. Cover and cook on high for 1 hour. Reduce heat to low; cover and cook for 9-11 hours or until thickened and dark brown, stirring occasionally (stir more frequently as it thickens to prevent sticking). Uncover and cook on low 1 hour longer; stir with a wire whisk until smooth. Spoon into freezer containers, leaving 1/2 inch head space. Cover and refrigerate or freeze.

Both recipes by Christy Tucker, C & L Electric Cooperative

Apple Pumpkin Bundt Cake

Baking spray

- 2 eggs
- 3/4 cup sugar
- 1/2 cup brown sugar
- 2/3 cup vegetable oil
- 1 teaspoon vanilla extract
- 1 cup pumpkin purée
- 2 cups all-purpose flour, sifted
- 1 teaspoon baking soda
- 1 teaspoon baking powder
- 1/4 teaspoon salt
- 1 tablespoon cinnamon
- 4 cups apples, cored, peeled and diced

Heat oven to 350. Spray a Bundt pan with baking spray and set aside. In a medium bowl, using electric mixer, beat eggs, sugar and brown

sugar until combined and creamy, about 4-5 minutes. Add vegetable oil and vanilla extract, and beat for 1-2 minutes. Add pumpkin purée and continue beating for 1 more minute to combine.

In a separate medium bowl, combine flour, baking soda, baking powder, salt and cinnamon. Add dry ingredients to wet ingredients, and mix just until combined. Fold in apples.

Pour batter into prepared pan, and bake about 50-60 minutes or until a toothpick inserted in cake comes out clean. Allow cake to cool for about 40 minutes. Invert pan on a serving platter to remove, and allow cake to cool further.

Lauren Wilhite, Ozarks Electric Cooperative

Submit your favorite recipes! If your recipe is selected for printing, we will send you an Arkansas Living wooden spoon!

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Email: arkansasliving@aeci.com
Online: arkansaslivingmagazine.com/submit-a-recipe

Entries must include your name, phone, address and origin of recipe.

Chicken Tortilla Soup

- 3 tablespoons butter
- 1 teaspoon minced garlic
- 1 medium onion, finely chopped
- 2 tablespoons all-purpose flour
- 3 (14-ounce) cans chicken broth
- 4 cups half-and-half (optional)
- 1 (10.75-ounce) can of cream of chicken soup
- 1 cup salsa (mild or spicy)
- 1 rotisserie chicken, shredded
- 1 (15-ounce) can black beans, drained
- 1 (15-ounce) can kidney beans, drained
- 1 (15-ounce) can whole kernel corn, drained
- 2 teaspoons ground cumin
- (1.27-ounce) packet fajita seasoning
 Tortilla chips, shredded cheese and sour cream for serving

Melt butter in large pot over medium heat. Add garlic and onion; sauté until softened, about 5 minutes. Add flour, stirring well and cooking for 1 more minute. Add chicken broth, half-and-half, cream of chicken soup, salsa, rotisserie chicken, black and kidney beans, corn, cumin and fajita seasoning. Continue to simmer for 15 minutes.

Serve with tortilla chips, a sprinkle of cheese and a dollop of sour cream.

Gina Lawrence, Rich Mountain Electric Cooperative

Hearty Soup

- 1 pound ground beef, browned
- 2 (15-ounce) cans mixed vegetables (like Veg-All)
- 2 (19-ounce) cans minestrone soup
- 1 (10-ounce) can tomatoes and green chilies (like Ro-Tel)
- 1 (15-ounce) can tomato sauce
- (15-ounce) can ranchstyle beansSalt and pepper to taste

In a soup pot, brown ground beef; drain if necessary. Add mixed vegetables, minestrone, tomatoes and green chilies, tomato sauce, ranch-style beans, salt and pepper. Bring to a boil, then simmer for 30 minutes to 1 hour until hot and flavors are blended.

Katrina Burnett, Ozarks Electric Cooperative



JENNIFER CHRISTMAN CIA

Easy S'mores Mix

- 1 (10-ounce) box Honey Teddy Grahams
- 1 (12-ounce) bag chocolate chips
- 1 (10-ounce) bag mini marshmallows

In a large bowl, combine all ingredients, and enjoy.

Kapra Stuffelbeam Graves, North Arkansas Electric Cooperative

Pumpkin Spice Cheesecake Bites

- 1 (15.25-ounce) box spice cake mix
- 6 ounces cream cheese, softened
- 1/4 cup pumpkin purée
- 10 ounces vanilla-flavored almond bark
- 1 teaspoon pumpkin pie spice

To make this no-bake recipe safely edible, "heat treat" spice cake mix by adding to a medium, heat-safe bowl and microwaving mix for 30 seconds. Stir and repeat. Allow cake mix to cool completely.

In another medium bowl, using an electric mixer, beat cream cheese and pumpkin purée on medium-high speed for 1-2 minutes until combined. Add cooled dry cake mix to cream cheese mixture, beating until fully combined; the mixture will be thick.

Cover bowl with plastic wrap, and refrigerate for 2 hours.

Line two large baking sheets with parchment paper and set aside.

Scoop cheesecake mixture with a 1-tablespoon cookie scoop, roll into smooth balls, and place on one prepared baking sheet.

In a small, microwave-safe bowl, heat almond bark in 30-second intervals, stirring in between, until fully melted and smooth. Using a fork, individually dip balls into melted almond bark until evenly coated, allowing excess to drip off. Place coated balls on second prepared baking sheet. Before coating sets, garnish each with a sprinkle of pumpkin pie spice.

Allow bites to harden on baking sheet before transferring to a serving plate. Keep stored in refrigerator.

Angie Hamm, Mississippi County Electric Cooperative



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CROSSWORD ANSWERS

for puzzle on page 38

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CROSSWORD PUZZLE -

October 31 Stuff By Victor Fleming

ACROSS

- 1 Burn in the tub
- 6 Bear snare
- 10 "___ girl!"
- 14 Authorize
- "They're trying to put a square 9-Down into a round
- **16** What a puppy wags
- 17 Spotting of Dracula, say
- 20 Koch and Sheeran
- "Diddly," in Durango
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- **45** Losing purposely?
- Court plea, informally
- Behavioral quirk
- "Pay mind" ("Disregard")
- "Agnus
- Touring neighborhoods demanding candy
- Amusing person
- "The Lion King" lion
- "Out of Africa" setting
- **60** Animal lairs
- "Employees" (store
- Former "Sonic the Hedgehog" consoles

- 1 Put aside for later
- 2 ___ in (wearing)

- 3 Old-fashioned charity
- 4 Hack (off)
- Decreases, in size or number
- "She went as quiet as ___": E. Dickinson
- Parks of civil rights history
- " (song in "Prince Disney's "Aladdin")
- See 15-Across
- 10 1971 New York prison riot site
- 11 Fitting perfectly
- 12 10th-anniversary metal
- 13 High school subj.
- Atra, for one
- Address opener, maybe
- 23 -Seltzer
- 24 Modernists
- 25 At wit's
- Platforms at Arkansas Repertory Theater
- **27** Uses a keyboard
- 28 Connect, in a way

- Process of making usable, as a credit card Furnish with a fund
- The Kid (western hero)
- 35 Word after hay or choir
- **36** Removes a cover from
- Area in London or New York
- 39 Bladed gardening tool
- **40** Make amends
- 42 Decrees
- 43 Christmas saint, briefly
- Where papers accumulate on a desk
- all be okay"
- 49 Bell sound
- 50 Single-named singer
- Certain supermarkets, for short
- **52** Religious deg.
- 53 Beluga or shad yield
- "Double Fantasy" artist
- 55 Managed
- 56 Golf ball's platform

CROSSWORD ANSWERS ON PAGE 36 Email feedback to judgevic@gmail.com





(athlete's foot & cracking heel, too)



(price includes postage)

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Sue 'N Carol's Restaurant a Texarkana family tradition

STORY AND PHOTOS BY ROB ROEDEL

Since 1975, Sue 'N Carol's Restaurant has been a Texarkana staple

for homemade offerings that define comfort food.

The visionary for the restaurant was Carol Rodenroth's late mother, Sue Sanders Hall. She wanted the restaurant to offer excellent Southern cuisine in a family-like environment. As the years have progressed, the vision continues with Carol now operating the restaurant with her daughters, Sabrina Henderson and Tonya Richardson.



Tonya Richardson and Sabrina Henderson help carry on their mother's and grandmother's legacy at Sue 'N Carol's Restaurant.

THE EATING ESSENTIALS

Sue 'N Carol's Restaurant

938 N. State Line Ave. Texarkana (870) 774-0859 tinyurl.com/SueNCarol

Hours of Operation

Monday-Friday: 7 a.m.-3 p.m.

Carol's sister-in-law,
Lisa Sanders, has been
waitressing there for
more than 20 years,
making it truly a
family-affair business.
Sabrina and Tonya were
practically raised there.
One of the regular customers
even bought a baby crib for Tonya
to sleep in at the restaurant after she
was born. During my visit, two of
Tonya's grandchildren were visiting
the establishment, so the tradition

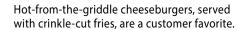
continues.

Sabrina complimented the team at Sue 'N Carol's and mentioned the outstanding breakfast options that I needed to sample. And, after talking to me for a moment longer, she jumped back to the busy kitchen, where the team cheerfully prepared for the first stage of the restaurant's daily lunch crowd.

The customers — businesspeople, firefighters, retirees and couples — were as diverse as the menu offerings. All appeared to be loving their experiences at Sue 'N Carol's, where the thoughtful wait staff visited each table, chatting with customers and ensuring that they had everything they needed.

The décor at Sue 'N Carol's includes adorable red upholstered chairs that complement the classic Coca-Cola collectibles adoring the walls of the warm, welcoming space.

As I soaked in the inviting



atmosphere, I began to smell the wonderful food cooking in the kitchen.

The daily special this afternoon was Beef Tips and Rice, featuring slow-cooked Angus beef tips that were large and fork-tender. The flavor was outstanding, with the perfectly cooked beef nestled on a nice serving of white rice and topped with delicious brown gravy. I enjoyed fried okra and a serving of northern beans. The beans



Tonya Richardson's grandchildren are the littlest pie taste-testers.

were well-seasoned and satisfying. Other daily specials include: Pork Loin, Chicken Spaghetti, Chicken and Dressing and Momma's Meatloaf. Each special comes with two sides and a roll or combread.

Regulars told me that the hamburgers were the best in town. "I don't know what they do or how they do it, but my stomach craves the

burgers from Sue 'N Carol's at least once a week," one man said.

Sabrina shared that their hamburgers are "smooshed" with a spatula on a griddle. My griddled burger of fresh Angus had that nice crust that let me know the chef was a professional. The patty was topped with a slice of melted American cheese and served open-faced with mustard, lettuce, tomato, pickles and onion for customization. Once I assembled the burger, I took my first bite, looked at the customer who recommended it and nodded my head, agreeing with his assessment. The crinkle-cut fries were a great

complement to the cheeseburger.

Sue 'N Carol's offers legendary homemade pies. I was able to try two of the restaurant's seasonal peach and strawberry pies; both boasted a bounty of fresh fruit and whipped cream in a cream-cheese-and-sugar crust.



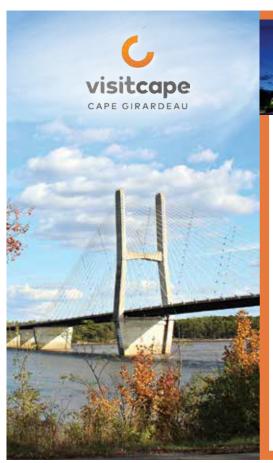
Homemade pies, like coconut cream at Sue 'N Carol's are legendary.

Don't fret if you missed the seasonal pies, as they will return. As a service to our readers, I also sampled the year-round chocolate and coconut cream pies. Both featured a meringue that was high, light and fluffy, along with a tummy-pleasing filling, lovingly prepared in a homemade pie crust.

Dining recommendations? Contact Rob Roedel at rob.roedel@aecc.com.



Sue 'N Carol's Restaurant in Texarkana has been in business since 1975.





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Calendar

Oct. 3

Sherwood's Night to Unite

Sherwood, cityofsherwood.net

Oct. 4-5

Musicfest El Dorado

El Dorado, musicfesteldorado.com

Timberfest

Sheridan, grantcountychamber.com

Oct. 4-6

Arkansas Apple Festival

Lincoln, facebook.com/ARAppleFestival

Oct. 5

Arkansas Honey Festival

Little Rock, arkansashoneyfestival.org

World Cheese Dip Championship

North Little Rock, facebook.com/ WorldCheeseDipChampionship Oct. 10-12

Cabotfest

Cabot, cabotcc.org/cabotfest-3

Oct. 11-12

Arkadelphia Festival of the Arts

Arkadelphia, arkadelphiafestivalofthearts.org

Oct. 18-20

Arkansas Scottish Festival

Batesville, arscottishfest.com

Oct. 18-26

Hot Springs Documentary Film Festival

Hot Springs, hsdfi.org

Oct. 25-26

Arkansas Bean Fest and Championship Outhouse Races

Mountain View, facebook.com/ARBeanFest



Oct. 26

Downtown Fall Festival

Russellville, mainstreetrussellville.com

Oct. 27

Celebrate Fall at Garvan Woodland Gardens

Hot Springs, garvangardens.org

Find more events at arkansaslivingmagazine.com/around-arkansas. Submit events at arkansaslivingmagazine.com/submissions/submit-an-event.

Enter our Arkansas Living reader photo contest!

Arkansas Living seeks your breathtaking photos that showcase the year-round beauty of The Natural State. Winners will have their photos printed in our

January 2025 issue — and maybe even on the magazine cover!

SUBMISSION GUIDELINES:

- Photos can feature nature, wildlife/animals, landscapes, weather, flowers and structures.
- · Photos can be vertical or horizontal.
- · Photos can be from any time, not necessarily this year.
- Photos must be high-resolution (300 dpi) and .JPG format.
- Photo file names must contain the following information:
 PHOTOGRAPHER NAME_TITLE OF PHOTO_LOCATION OF WHERE
 PHOTO WAS TAKEN. (Example: Ansel Adams_Starry Night_
 Pinnacle Mtn.jpeg.)
- Please do not include people in your photos unless you have permission from those photographed.
- Photos with photographer watermarks will not be accepted.
- Photos generated or edited by artificial intelligence (AI) will not be accepted.
- When uploading your photo, please select ONE topic category from the selection that best describes your photo.
- · Please submit photos by Nov. 1 to: arkansaslivingmagazine.com/2025-photo-contest/

JAMIE SIMMONS

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